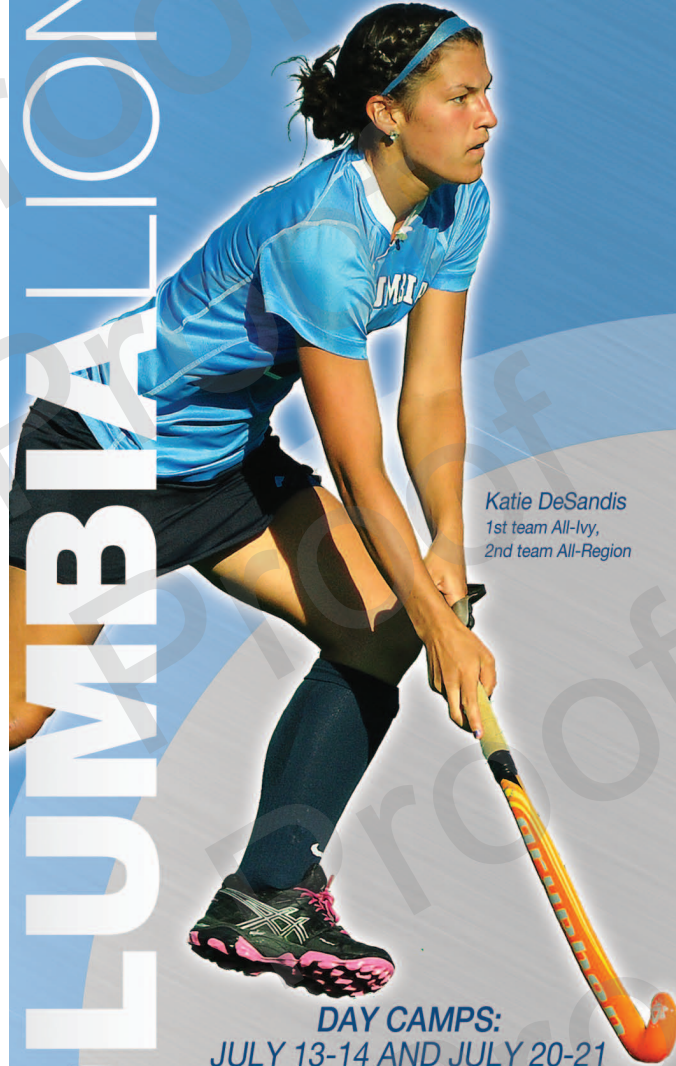


# GOAL LINE FIELD HOCKEY 2013 CAMP

# COLUMBIA



*Katie DeSandis*  
1st team All-Ivy,  
2nd team All-Region

**DAY CAMPS:**  
JULY 13-14 AND JULY 20-21  
AGES 10-18

**GOALKEEPING CAMP:**  
JULY 27-28 AGES 10-18

**OVERNIGHT CAMP:**  
AUGUST 2-4 AGES 13-18

[dodgefitnesscenter.com](http://dodgefitnesscenter.com)  
[www.goallinefieldhockey.com](http://www.goallinefieldhockey.com)

**GOAL LINE FIELD HOCKEY CAMP, INC.**  
Marybeth Freeman  
Marcellus Hartley Dodge Physical Fitness Center  
3030 Broadway, MC 1932  
New York, NY 10027



## Camp Staff:



### Marybeth Freeman - Camp Director

In 2012, Marybeth Freeman entered her third season as Columbia's head field hockey coach. A five-time NCAA Division I National Champion as a player and coach, Freeman was named Columbia's head coach in April 2010 and her championship experience and competitiveness have been major driving forces for the Lions' field hockey program. In the 2012 season, the Lions went 9-8 finishing third in the Ivy League. During that season, there were four players making All-Ivy, Gabby Kozlowski and Katie DeSandis making first team and Paige Simmons and Bridget DeSandis making second team.

In 2011, Freeman's second year leading the program, the Lions went 9-8 and tied a program best with a 5-2 record in Ivy League play. Freeman led a determined Columbia squad that stayed in contention for the conference title through the final week of the season. The 2011 team produced two NFHCA All-Region honorees in Gabby Kozlowski '13CC and Christie O'Hara '13CC and a program-record six All-Ivy League selections.

In her first season at the helm, Freeman led her team to a 10-7 overall record, She coached Kozlowski to an unanimous first team All-Ivy League selection, the first for the Lions since 2007, after Kozlowski broke the single-season record for goals with 16.

Freeman became just the fourth field hockey coach in school history, after having spent seven years at the University of Maryland. Freeman joined the Terps in 2003, serving as the team's assistant coach until 2006. Freeman was promoted to associate head coach in 2007. She played an integral role in leading her team to three national titles in 2005, 2006, and 2008, and three ACC Conference titles in 2005, 2008, 2009.

Freeman is a 2002 graduate of Old Dominion and helped the Lady Monarchs to national titles in 1998 and 2000. The four-year starter also led her team to four CAA Conference titles.



### Caroline Nichols - Coaching Director

U.S. National Team member and two-time Olympian Caroline Nichols joined the Columbia field hockey program in July of 2012.

Nichols has been playing field hockey at the international level for the past six years. Nichols was a member of the 2008 Beijing Olympics team, the 2008 Olympic Qualifier team and the 2010 World Cup Qualifier Team. She earned a gold medal at the 2011 Pan American Games when the U.S. defeated top-ranked

Argentina in the Championship game. In 2006, she was named to the USA World Cup Training Squad and was a member of the Netherlands Tour team in 2007. She was named to the 2012 London Olympics team in June 2012.

Nichols had an outstanding collegiate playing career at Old Dominion as a four-year letterwinner from 2003-06. She was a national all-academic team selection and an all-conference honoree from 2004-06. As a junior, she was named a NFHCA second team All-South Region selection and was named to the Colonial Athletic Association (CAA) all-tournament team. In 2006, Nichols was recognized as a NFHCA first team All-American and an NFHCA first team All-South Region honoree. Additionally, she was named the 2006 CAA Player of the Year and CAA Defender of the Year, marking the first time in CAA history someone swept both honors in the same season.



### Samantha Carr - Coaching Director

Samantha Carr just finished her third season as part of the Columbia field hockey staff after joining the Lions' program as an assistant in August 2010.

Carr helped direct a very talented Lions squad in 2011 that produced a program-best six All-Ivy League selections while producing its fifth consecutive winning season. The Lions also tied for the best conference record in school history at 5-2.

Carr came to Morningside Heights after working as an assistant coach at Harvard in 2009. Prior to her stint with the Crimson, Carr was an assistant coach at her alma mater, the University of New Hampshire from 2006-2008. During those two years she also served as the site director and head coach for the New Hampshire, Vermont and Maine portion of the USA Field Hockey Futures Program. She began her coaching career as a graduate assistant at Michigan State University. She currently is an assistant coach for the USA Field Hockey Junior High Performance Program (New England Region).

While an undergrad at UNH, Carr was an America East first team All-Conference selection in 2003 and was a National Field Hockey Coaches Association second team All-Region honoree. That same season she was named to the America East All-Tournament Team and America East Academic Honor Roll. She helped the Wildcats reach the America East Championship final and NCAA tournament in 2000 and the America East semifinals in 2002 and 2003.

# Goal Line Field Hockey Camp Philosophy

Goal Line Field Hockey Camp is an opportunity for athletes aged 10-18 to sharpen their hockey skills in a fun and challenging learning environment. Daily sessions emphasize and teach skill development, tactical knowledge, competitive game situations and scrimmages. At Goal Line Field Hockey Camp, campers will be challenged to play at a high level with coaching from elite level staff. Campers are grouped by age and ability level and will be challenged accordingly.

## What to Bring

- Stick,  Mouthguard,  Shinguards,  Turf shoes  Waterbottle,
- GK equipment (if applicable),  Bed sheets,  Pillow,  Towels

## Supervision & Staff

Campers will receive expert instruction from NCAA Division I collegiate coaches, a goalkeeping specialist, USA National Team members, International staff and current Columbia players. Camper to staff ratio is 10:1 or better. The staff will supervise all meals, transportation to and from the fields, and dorms will be under supervision by the staff and Camp Directors at all times. The staff will reside with the campers in the dormitory.

A certified athletic trainer will be on staff and available at all times. Emergency medical facilities are located adjacent to the Baker Athletics Complex.



Samantha Carr, Marybeth Freeman, Caroline Nichols

## Camp Facilities

Goal Line Field Hockey will be held at Columbia University's Baker Athletics Complex, located at the northern tip of Manhattan at 218th Street & Broadway. Fields include the state-of-the-art water-based field hockey turf along with another synthetic turf field all located at the Baker Athletic Complex. Transportation between main campus and Baker Athletics Complex will be provided by a licensed and certified bus company. Camp staff will monitor all transportation. Campers will stay in the Carman Hall Dormitory on Columbia University's beautiful main campus and dine in the University dining halls.

Online Registrations Available at  
[www.goallinefieldhockey.com](http://www.goallinefieldhockey.com)

\* Payments in full only\*

## Tuition

### Day Camp:

(Girls and Boys) - \$250 (non-refundable Deposit \$150)

July 13-14 at Columbia University's Baker Athletics Complex

July 20-21 at Columbia University's Baker Athletics Complex

### Goalkeeping Day Camp:

(Girls and Boys) - \$275 (non-refundable Deposit \$150)

July 27-28 at Columbia University's Baker Athletics Complex

### Overnight Camp: (Girls Only)

August 2-4 at Columbia University

Name	Price	Includes
Overnight	\$485	lodging, all meals transportation to/from fields, instruction
Extended Day	\$430	lunch and dinner, instruction

(MAIL IN ONLY & PAY IN FULL) • Nonrefundable deposits for all camps

### Overnight Camp Discounts

\$465 for those that MAIL IN registrations of 12 or more. All registrants need to pay in full and mail in registrations in the same envelope.

NON-REFUNDABLE DEPOSIT of **\$285 DUE BY July 22.**

### Day Camps - 9am - 3pm:

Tuition includes expert instruction from 9am-3pm, reversible pinnie and water bottle (Campers must bring own lunches and provide own transportation to and from field)

Please mail the registration form and a non-refundable \$150.00 deposit by July 8, 2013 to reserve your spot. All registrations must be received by July 8.

After July 8 all remaining balances FOR ALL day camps with health forms can be hand carried to registration. .

### Overnight Camp:

Tuition includes expert instruction, a drawstring bag, reversible pinnie, a water bottle, all meals, room and transportation to and from the fields. Please mail the registration form and a non-refundable \$285 deposit by July 22, 2013 to reserve your spot. All registrations must be received by July 22.

All remaining balances after July 22 must be hand carried to registration and payment must be in form of certified check, cash or money order. You can either mail in or hand carry your health form to registration. Make certified checks payable to Goal Line Field Hockey Inc. Please write the campers name and session in the memo portion of the check. Health forms and a confirmation will be sent via email upon receipt of deposit.



# GOAL Line Field Hockey Camp Registration Form

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ EMAIL: \_\_\_\_\_ Grade in Sept. 2013: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ School: \_\_\_\_\_ Pinnie Size: (circle one) S M L

**Circle One** Attack Midfield Defense Goal Keeper

**Circle Camp:** Day Camp: • July 13-14th, • July 20-21st Goalkeeping Day Camp: • July 27-28th Overnight Camp: • August 2-4th

Years of Varsity Experience \_\_\_\_\_

Roommate Request \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

We'll hereby request you accept camper's application for enrollment in the 2013 Goal Line Field Hockey Camp, Inc.. In consideration of your acceptance of this application, we'll hereby agree to release, indemnify and hold harmless Columbia University, its agents, trustees, employees, representatives or assigns, including the Department of Intercollegiate Athletics and Physical Education, the coaching and training staff and camp employees, from all claims resulting from any injury sustained by my child while traveling and participating in the camp. We'll further hereby give permission to the coaches, training staff or other medical professionals to provide medical care as deemed necessary to my child in case of injury or illness.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

### Mail Payment to:

GOAL Line Field Hockey Camp, INC.. • Marcellus Hartley Dodge Physical Fitness Center • 3030 Broadway, Mail Code 1932 • NY, NY 10027

Please make all checks payable to Goal Line Field Hockey Camp, Inc.

Enrollment is limited. Each session will be filled on a first-come, first-serve basis. All returned personal checks will incur an additional \$25 fee.

For additional questions, please contact [goallinefieldhockey@gmail.com](mailto:goallinefieldhockey@gmail.com)